

TOP 3 IDLING MYTHS

MYTH:
It takes a long time to warm up a car.
FACT: Engines get super hot in 30 seconds. Driving is the best way to warm up the entire car.

MYTH:
Idling is good for cars.
FACT: Car makers say idling is hard on engines, burns gas poorly & gums up the engine.

MYTH:
Re-starting is hard on a car.
FACT: Today's electronic starters can be turned on and off with little wear and tear.

Bank of
The Children's Clean Air Network



www.childrencan.ca

TOP 3 REASONS TO AVOID IDLING

SAVE MONEY:
You can easily save \$200 bucks per year!

If we all went **IDLE-FREE 10 min. daily**, we'd save \$150 million going up in smoke over Nova Scotia every year!

CLEAR THE AIR FOR KIDS:
Exhaust fumes are hard on kids lungs: one in five kids now have asthma in Nova Scotia.

CUT GREENHOUSE GAS:
Idling 10 minutes a day produces about a half ton of CO₂ a year.

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